Emergency Communications Procedures

ARES/CERT Communications Team Fremont California April 16, 2008

Table of Contents and Cross Reference

The organization and information flow diagrams on the following pages presents a quick overview of the roles and responsibilities of each of the following functions: Communications Commander (CC), Net Radio Operator (NRO), Local Net Control (LNC) and Team Radio Operator (TRO). The individuals filling these positions should familiarize themselves with the contents of the documents indicated with an 'X'.

CC	NRO	LNC	TRO	DOCUMENT	Page
X	X	X	X	Communications Flow Diagram	4
X	X	X	X	Guidelines for All CERT Communications Team Members	6
X				Operational Guidelines: Communications Commander (CC)	7
X	X			Operational Guidelines: Network Radio Operator (NRO)	12
X		X		Operational Guidelines: Local Network Controller (LNC)	16
X			X	Quick Reference: Team Radio Operator (TRO)	22
X	X			Message Log	25
X	X	X	X	Communications Duty Roster	26
X	X	X		Resource Checklist: Container Radio Equipment & Supplies	27
X	X	X	X	Resource Checklist: Radio Operator Equipment & Supplies	28
X	X	X	X	Standard Phrases and Designators	29-31

About this Document

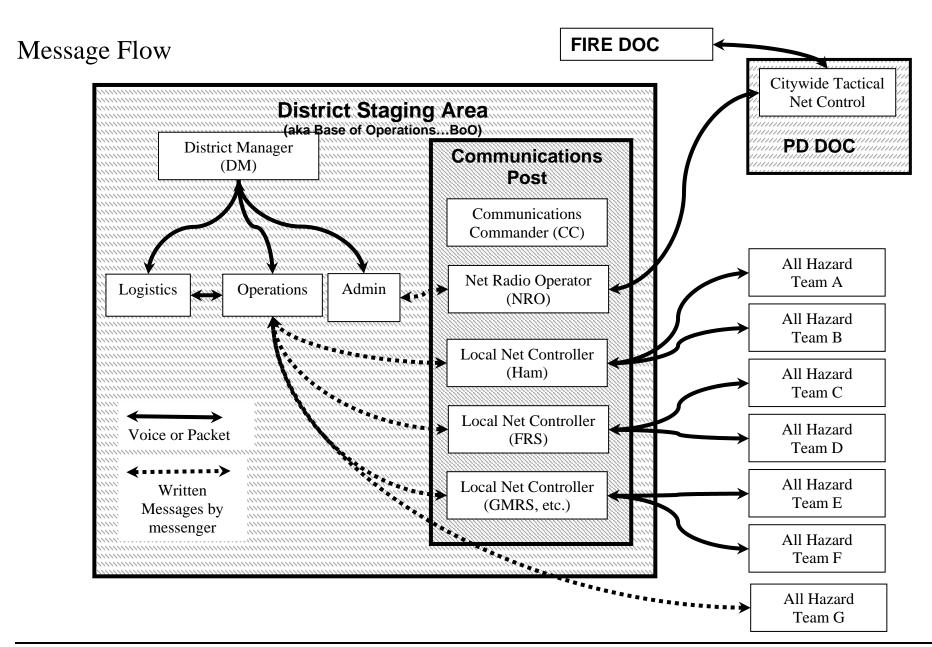
Emergencies are stressful situations, particularly for volunteers with little or no experience outside of a few controlled drills. The purpose of this document is to allow CERT members responding to a disaster to be more effective communicators by providing them with simple step-by-step instructions. It is not a complete manual of emergency communications.

We have tried to capture emergency communications 'best practices' and in particular, to be consistent with local Amateur Radio Emergency Service (ARES) operating practices. The latter is important because, although CERT Communications Team members are CERT team members first, when providing communications support using Amateur Radio they will be part of a larger network supporting many other organizations and agencies.

While maintaining consistency with general emergency communications practice, these guidelines have been written to be specific to CERT procedures and training. They are based on the *self-activating* nature of CERT Teams: that CERT teams will form spontaneously in response to a disaster without being *called out* by any specific authority. However, CERT teams may support relief operations for emergencies that are too small to initiate self-activation. In such cases minor modifications of these guidelines may be required to be consistent with the practices of whatever organization is running Incident Command. It is the responsibility of the Communications Commander to make these changes and explain them to the rest of the Communication Post Staff. A simple example would be to use the CERT district name as the tactical call sign for the Communications Post, e.g. *Niles Control, Irvington Control, etc.*

When confronted with a choice between efficiency and redundancy, we erred on the side of redundancy in the belief that this would reduce the number of errors in chaotic situations with operators of varying levels of experience and training.

Throughout this document, CC, NRO, LNC, and TRO refer to *positions* or *functions*. If resources are scarce, one person may need to fill several of these positions at one time. Different people may fill these positions at different times. In fact, if the emergency lasts longer that 4-6 hours, new people should rotate into these positions. Each person filling a given position should familiarize themselves with the appropriate documents indicated above.



ARES/CERT Communications Team Procedures

Revised 05/21/2006 CERT Comm, Fremont, CA. **FIRE DOC** Reporting Structure Citywide Tactical **District Staging Area** Net Control District Manager PD DOC Communications (DM) **Post** Communications All Hazard Commander (CC) Team A All Hazard Admin Logistics Ops Team B Net Radio Operator (NRO) All Hazard Team C Local Net Controller (LNC for Ham) All Hazard Team D Local Net Controller All Hazard (LNC for FRS) Team E Local Net Controller All Hazard (LNC for GMRS, Team F etc.) All Hazard Team G

Page 5

Guidelines for All CERT Communication Team Members

Before Responding to an Emergency

- 1) Make sure that you and your family are safe.
- 2) If you desire to help the greater community, and are satisfied you are physically and emotionally able to do so, pick up your CERT/Radio Operator's Go-Pack(s) and proceed to your district's staging area, or other designated rally point. Recommended contents of a CERT Comm Team member's Go-Pack is given in the Resource Checklist: Radio Operator Equipment & Supplies.
- 3) Bring your radio (Ham, Citizen Band or Family Service Radio) with you when you report to your staging area.
- 4) Make sure you have fresh batteries as well as spare's to be used only in YOUR equipment.
- 5) CERT Ham Radio Operators, when out in the field and en route to the your CERT District staging area, monitor your district's primary simplex frequency. If you are en route to a different district, monitor that district's primary simplex frequency. FRS radio operators should monitor their district's FRS channel (channel number is the same as the fire station number).

Checking In

- 6) When you arrive at the staging area, find the person who is checking people in. Give them your name and INFORM them that you are a member of CERT Comm, trained in emergency communications.
- 7) ASK if a Communications Commander has been appointed. If one HAS been appointed, suggest that you be assigned to the Communications Commander. If so assigned, report to the Communications Commander and follow the instructions he or she gives you. Read the Operational Guidelines or Quick Reference for the position assigned to you.
- 8) If NO Communications Commander has been appointed, offer to fill that role. If appointed, read Operational Guidelines for Communications Commanders.

Operational Guidelines for Communications Commanders

RESPONSIBILITIES

As Communications Commander you will:

- ♦ Report to the Administration Manager or designee.
- ♦ Have over-all responsibility for the district's communications needs for the duration of the incident or until this responsibility is transferred to another person.
- Be responsible for the safety and well being of the communications crew.
- ◆ Establish and maintain the operation of the Communications Post (Comm Post) as a unit of District Staging Area.
- ◆ Assign roles to other members of the Communications Post staff during an incident.
- ◆ Provide just-in-time training in emergency communications procedures to other District Manager Staff as needed.
- ◆ Provide just-in-time training to the Net Radio Operator, Local Net Controllers, and Team Radio Operators.
- ♦ Make on the spot changes to these guidelines to best meet the conditions and constraints of the specific situation.

STEP BY STEP PROCEDURES

Setting up the Communications Post

- 1. Describe to the District Manager the steps you will be taking to set up the Communications Post. Review standard communications procedure and agree on how the Communications Post will interact with the rest of Incident Command. Ask if there are any specific communications needs or constraints of which you need to be aware.
- 2. Find a location for your communications post. It should be:
 - Free of hazards.
 - Close enough to the District Manager and Staff that messages can be conveniently exchanged, but
 - Far enough so you won't be distracted by their activities and they won't be distracted by yours.
 - Without obvious obstructions to radio communications.
- 3. Introduce yourself to the other members of the DM Staff. Inform them that you have been appointed Communication Commander. Tell them the location of the Communications Post, and ask that any CERT members with emergency communications expertise be sent to you at the Communication Post. Explain your need for administrative support (for example, 'runners' to carry messages between the communications post and the DM Staff), and request that such people be assigned to you, if possible.
- 4. Provide Just-In-Time training on communications protocols to other members of the DM Staff, as needed. DM staff should be made aware of the following:
 - Tactical names must be assigned to each of the All Hazard Teams when they are formed. The name will be the team's Tactical Call Sign. Team names should consist of a prefix that identifies the district and a unique identifier, for example, *Irvington Bravo*. Do not use numbers for the team's unique identifier as this can be confused with message numbers.
 - A representative from each of the All Hazard Teams should be sent to you for Just-In-Time training in emergency communication procedures immediately after each team is formed. Family Service Radios may be distributed, or a ham Team Radio Operator assigned by you at this time.

Revised 05/21/2006

All radio communications between the Staging Area and the All Hazard Teams is handled by written messages exchanged between a District Staff Member designated by the District Manager and a Local Net Controller.

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- All radio communications between the District Manager and city officials or other districts is handled by the exchange of written messages between the District Manager (or designee) and the Net Radio Operator.
- The Net Radio Operator and Local Net Controller will review messages and request modification of those messages that do not meet emergency communications standards. However, the District Manager has final say over the content of all messages.
- 5. Determine if any All Hazard Teams have been dispatched. If so, find out what communications resources the teams have. (For example, does someone on the team have a Family Service Radio?)
- 6. Begin collecting any district-owned communications gear (radios, antennas, masts, etc.) and stage them at the Communications Post. (NOTE: maintaining contact with All Hazard Teams in the field is your first priority; other activities must be fit around that.)
- 7. Build a roster of Communications Team Members as they check in.
- 8. Refresh Team members on communication protocol, and inform them of anything new or unique to this incident.
- 9. Give Team members their assignments. A suggested Communication Post Team structure is:
 - One Net Radio Operator on the citywide ARES tactical net (146.940-) for communications between the district and the Fire Department's Field Operations Center (FIRE DOC). If insufficient staff is available, the Communications Commander will need to also be the Net Radio Operator. (NOTE: if the repeater is not operational, use 146.940 simplex.)
 - One Local Net Controller communicating with ham-equipped All Hazard Teams on simplex using the assigned District Simplex Frequency or 145.700.
 - One Local Net Controller communicating with Family Service Radioequipped All Hazard Teams. (NOTE: all radios should be set to the same channel. For simplicity, it is recommended that PL be turned OFF.)

At least one person to carry messages between the Communication Post and District Staff. (These individuals can have little or no emergency communications training. Make sure the Logistics Staff knows of your need for such individuals.) A scribe to assist with message recording can also be useful.

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- 10. Even if packet radio is to be used for communication between the communications post and FIRE DOC, set up voice communication FIRST.
- 11. Establish a rotation schedule. A shift is preferably four hours or less, with a maximum of six hours. Send extra communications team members home, with explicit instructions to REST, and to report back at a specified time. Be sure to arrange for a replacement Communication Commander for the next shift.

Communications Team Operations

Revised 05/21/2006

- 12. Keep in contact with the Administration Manager and routinely reassess communications needs and resources. Restructure the Communications Team as needed to best meet the anticipated needs.
- 13. Arrange for Message Pads and Radio Logs to be distributed to the Net Radio Operator and Local Net Controllers. Recommended forms are shown later in this document. If preprinted forms are not available, capture the relevant information on whatever paper you can scrounge.
- 14. Assign ham operators to All Hazard Teams as available, based on need. (For example, teams operating furthest from the Staging Area should be given priority). Introduce hams assigned to All Hazard Teams to their Local Net Controller. The Local Net Controller or the Communications Commander should provide a quick refresher on procedures and convey any information specific to the district, team or the particular incident.
- 15. Direct representatives from teams using Family Service Radios to the appropriate Local Net Controller for just-in-time training and assignment of a radio (if needed).
- 16. Arrange for two masts and antennas to be erected. One is for use by the Net Radio Operator for communications on the citywide net and one is to be used by the Local Net Controller communicating with All Hazard Teams. When setting up antennas, consider the following:

ARES/CERT Communications Team Procedures

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- The antennas must be set up at least one mast-length from power lines or other hazards.
- Flag all cables and guy wires so they are clearly visible, day and night.
- If antennas are to be used on different frequencies within one band, they should be separated by a distance of at least ½ wavelength, horizontally and vertically. For example, two antennas operating on the 2-meter band should be separated by more than 3 feet.
- 17. Arrange for the electrical power needs of the Communication Post to be met.
- 18. Schedule the next shift to arrive 15 minutes before the end of the previous shift. Provide a status summary and other information to the next shift when they report. Make sure that the Communications Commander for the next shift is fully up to speed before relinquishing command.

Net Radio Operators

RESPONSIBILITIES

As Net Radio Operator (NRO) you will:

- Report to the CERT Communication Lead for your shift.
- Relay messages, via the citywide tactical net, between the Administration Manager (or designee) and the Fire Department Operation Center (FIRE DOC) or between the District Staging Area and other districts.
- Maintain a record of relayed messages.
- Support the Communications Commander as required.

STEP BY STEP PROCEDURES

NRO Operations - General

- 1. Contact Tactical Net Control on 146.940- using "Net Control, this is [district name] CERT". When acknowledged, inform Net Control and FIRE DOC that your district's Comm Post is operational. If the repeater is down, use 146.940 simplex. (NOTE: This message also serves as a radio check. Subsequent contacts to Net Control can be abbreviated "Net Control, [district name]". Purely procedural messages such as this between the Net Radio Operator and Net Control do not need to be recorded in the Radio Log.)
- 2. Ideally, this initial check-in to the net will be the only message the Net Radio Operator initiates. The Net Radio Operator *relays* messages to and from the Staging Area.
- 3. As a general rule, status-type messages should be sent only when requested by FIRE DOC. Status messages are those which contain statistical information (e.g. number of people injured, which blocks have been searched). The DM should initiate messages which request action (e.g. heavy rescue team needed to free trapped people, large fire threatens to spread to hospital).
- 4. For clear and concise communications:
 - Use Pro-Words for clarity. See the Reference section for a partial list of Pro-Words.
 - Spell unusual words using the phonetic alphabet.

ARES/CERT Communications Team Procedures

CERT Comm, Fremont, CA.

- Do not use contractions such as "isn't", they are easily misunderstood.
 Say "is not" instead.
- Use plain language. Do not use 'Q' signals or '10' codes.
- Say numbers as individual numerals. For example '501' is "five zero one", not "five oh one" or "five hundred one".
- 5. Use the lowest power producing reliable communications with Net Control. This reduces interference and extends battery life.
- 6. Pause 2 to 3 seconds before transmitting to allow higher priority traffic to break in.
- 7. Talk across the mike, not into it. Keep your voice down. Speak slowly and calmly.
- 8. Use a *single ear* headset on the radio. This will help keep you from being distracted by other sounds. It will also prevent the sound of your radio from distracting others. A boom mike can free your hands for transcribing messages.
- 9. Net Control will handle messages in order of priority (not first come, first served). Be prepared to have your message interrupted and to resume it at a later time.
- 10. Continuously monitor the tactical net frequency until relieved by the next shift or until the net is closed.
- 11. At shift change, bring the new Net Radio Operator up to speed before being relieved.

NRO Operations – Outgoing Messages

- 12. Messages intended for FIRE DOC or other districts are delivered to the Net Radio Operator from the DM, in written form.
- 13. Review messages for the following:
 - Is a priority code assigned?
 - Is the recipient of the message specified? It should be a function (e.g. FIRE DOC), not an individual person.
 - Is the message clear and concise?
 - Is the message sufficiently specific and detailed to allow the recipient to decide what action is required? Is information provided which will allow the recipient to prioritize this request relative to the many others being received?
- 14. If the answer to any of the above questions is "no", review the message with the originator, providing coaching as needed. (NOTE: For effective communications, the Net Radio Operator should press for these standards to be met. However, the District Manager has the final say on the content of any message.)
- 15. If multiple messages have been presented for transmission, arrange them in order of priority.
- 16. Assign the message a message number and log the message into Radio Log. Message numbers consist of a prefix identifying the district followed by a sequential number (e.g. "CEN0005" for the fifth message from Centerville).
- 17. Contact Net Control:
 - Press *Push To Talk*, take a breath, then say "Net Control, [district name]".
 - When acknowledged, say "[district name] has a [priority code] message for [recipient – typically FIRE DOC]. Message number is [message number]".
 - Wait for net control to acknowledge and then read the message. Speak slowly, remember: net control is trying to write down your message verbatim.
 - If you have more messages, terminate the message with "More to follow". If this is the last or only message, end the message with "Over."
 - Wait for net control to acknowledge receipt of the message ("Roger"), or to give you instructions. Follow any instructions from net control.

- If permitted by net control, proceed with next message (if any).
- Terminate the transmission with "[district name], Out". If it has been more than 10 minutes since you gave your call sign, terminate the transmission with "[district name], [your call sign], Out".
- 18. Long messages should be broken into segments. At the end of each segment say "break", release *Push-to-Talk*, and allow higher priority traffic to break in. This also gives net control an opportunity to catch up or request retransmission of unintelligible portions of the message.
- 19. Place message on the completed outgoing message spike.

NRO OPERATIONS – Incoming Messages

- 20. Net control will contact you with "[district name], Net Control" or simply "[district name]".
- 21. Respond with "[district name] here".
- 22. Copy the message verbatim on to the message form.
- 23. When Net Control indicates the message is complete:
 - If you received a complete message and understood it, respond "Roger message number [message number provided by net control]".
 - If you did not understand any part of the message, respond with "Say again" and either "All after [the last part of the message you copied]", or "All before [first part of the message you copied]".
 - Ask any other clarifying questions.
 - If net control indicated "more to follow", say "proceed with next message".
- 24. When all messages have been received, close with "[district name], , out". If it has been more than 10 minutes since you gave your call sign, terminate the transmission with "[district name], [your call sign], Out".
- 25. Enter messages into the radio log.
- 26. If any messages were in response to a message sent by the district, make the appropriate notation next to the sent message in the log.
- 27. Have the messages delivered to the DM.

Local Net Controllers

RESPONSIBILITIES

As Local Net Controller (LNC) you will:

- Report to the Communication Commander.
- Relay messages between the designated person on the Incident Command staff and Search and Rescue teams.
- Maintain orderly communications on a specific frequency shared by one or more Search and Rescue teams by acting as the control for a directed network.
- Support the Communications Commander as required.

STEP BY STEP PROCEDURES

LNC OPERATIONS - General

- 1. Consulting with the Communications Commander, choose a frequency or channel on which to operate your net. The standard frequency in the Amateur band is 145.700 MHz.
- 2. You may have to share the frequency/channel with other CERT groups and with people who are not CERT members or Fremont volunteers.

 Cooperation between different users is required to make effective use of the channel.
- 3. Pace yourself, take 15-minute breaks, and take shifts of no more than 6 hours. Work with your Communications Commander to locate someone who will control the net in your absence.
- 4. Use the lowest power that results in reliable contact. Request a status report from the team approximately once every half-hour to verify good radio contact as well as to check the safety the team.
- 5. Check that you have enough forms to pass messages to the Incident Command team. Improvise as needed.
- 6. For clear and concise communications:
 - Use Pro-Words for clarity. See the Reference section for a partial list of Pro-Words.
 - Spell unusual words using the phonetic alphabet.

- Do not use contractions such as "isn't", they are easily misunderstood.
 Say "is not" instead.
- Use plain language. Do not use 'Q' signals or '10' codes.
- Say numbers as individual numerals. For example '501' is "five zero one", not "five oh one" or "five hundred one".
- 7. Use a single ear headset on the radio. This will help keep you from being distracted by other sounds. It will also prevent the sound of your radio from distracting others. A boom mike can free your hands for transcribing messages.
- 8. As soon as one or more search and rescue teams are in the field, announce the Net with your tactical identifier, the purpose of the net, and your call sign if applicable. For example, "This is [district name] control, [your call sign], net control for search and rescue teams from [district name] CERT. This is a directed net, all calls should be directed to net control". You could conduct a role call of search and rescue teams at this point. For example "[district name]-alpha, please check in now".
- 9. Take charge of the net, clearly & distinctly. Remember that you control this communications resource.
- 10. Do not stop monitoring the frequency until all the All Hazard Teams have returned safely to the Staging Area, or until you have transferred Local Net Control responsibility to your replacement.
- 11. Be sure your replacement is up to speed before relinquishing Local Net Control responsibility.

LNC OPERATIONS – Fielding All Hazard Teams

- 12. The DM or other Staff Member will organize All Hazard Teams and assign a Team Leader.
- 13. The Team Leader is the default Team Radio Officer for the team. The Leader may delegate this responsibility to another member of the team. If a Ham radio operator is assigned to the team, that person will be the Team Radio Operator.
- 14. The Team Radio Operator will be sent to you for orientation.
- 15. Verify that the team has been given a team identifier.
 - The identifier will be the team's Tactical Call Sign.

- All Hazard Team names should consist of a prefix that identifies the district and a unique identifier, for example, Ardenwood Bravo.
- A tactical identifier indicates the function of the person, <u>not</u> their name, location or agency (e.g. *-Niles Control* is the Staging Area at Niles. *Niles Bravo* is a Niles All Hazard Team.)
- The Team Radio Operator may assign tactical identifiers for their Team Members that also have radios.
- 16. Give the Team Radio Operator the channel or frequency on which the local net will operate. Remind the Team to *always* monitor this channel/frequency.
- 17. Use the *Quick Reference for Team Radio Operators* to provide just-in-time training in emergency communications procedures to the Team Leader and Team Radio Operator as needed.
- 18. Don't lose your Team Radio Operators! Log the team identifier, radio operator name and call sign, assigned location, and the time they leave the Staging Area. Update the log based on reports from the team or information provided by the DM. When the team returns to the Staging Area, log them in by recording the time.
- 19. Place a practice call to the team before it leaves the Staging Area. This will verify that the equipment is functioning properly and procedures are understood.
- 20. Ask the Team Radio Operator to check in once the team has reached its assigned location. Note this in the log.

LNC OPERATIONS – Outgoing Messages

- 21. Messages intended for All Hazard Teams are delivered to the Local Net Controller from the DM Staff, in written form.
- 22. Review messages for the following:
 - Is a priority code assigned?
 - Is the team name of the recipient of the message specified?
 - Is the message clear and concise?
 - Is the message sufficiently specific and detailed to allow the recipient to know what action is required?

CERT Communications Team Procedures

Revised 04/30/2005

CERT Comm, Fremont, CA.

- 23. If the answer to any of the above questions is "no", review the message with the originator, providing coaching as needed. (NOTE: For effective communications, the Local Net Controller should press for these standards to be met. However, the District Manager has the final say on the content of any message.)
- 24. If multiple messages have been presented for transmission, arrange them in order of priority.
- 25. Assign the message a message number and log the message into Radio Log. Message numbers consist of a prefix identifying the district, a letter identifying which of the district's Local Net Controllers is logging the message and a sequential number (e.g. "MIA005" for the fifth message handled by Mission San Jose Local Net Controller 'A').

26. Contact the team:

- Listen to ensure the channel is clear.
- Press *Push To Talk*, take a breath, then say "[district name-team name], [district name-team name], [district name] control". (e.g. "Niles Bravo, Niles Bravo, Niles Control".
- Wait for the team to acknowledge and then read the message. Speak slowly, calmly and distinctly. Speak across, not directly into, the microphone.
- If you have more messages, terminate the message with "More to follow". If this is the last or only message, end the message with "Over."
- Wait for the team to acknowledge receipt of the message (e.g. "Niles control, we will report number of victims for transport".)
- Proceed with next message (if any).
- Terminate the transmission with "[district name] control, Out". If it has been more than 10 minutes since you gave your call sign, terminate the transmission with "[district name] control, [your call sign], Out".
- 27. Long messages should be broken into segments. At the end of each segment say "break", release *Push-to-Talk*, and allow higher priority traffic to break in. This also gives the Team Radio Operator an opportunity to catch up or request retransmission of unintelligible portions of the message.
- 28. Place message on the completed outgoing message spike.

LNC OPERATIONS – Incoming Messages

- 29. Search and Rescue teams will contact you with "[district name] Control, [team name]". (Note: a team may call you by saying "[team name]" only. Be alert for this shortened form of hail.
- 30. Respond with "[district name] control here".
- 31. Copy the message verbatim on to the message form.
- 32. When the team indicates the message is complete:
 - Verify that all message elements are present. See below for a definition of message elements. (NOTE: Search and Rescue Team do *not* provide message numbers or time stamps. You will add these to the message.) If any message elements are missing, request clarification.
 - If you received a complete message and understood it, respond "Roger".
 - If you did not understand any part of the message, respond with "Say again" and either "All after [the last part of the message you copied]", or "All before [first part of the message you copied]".
 - Ask any other clarifying questions.
 - If the team indicated "more to follow", say "proceed with next message".
- 33. When all messages have been received, close with "[district name], control, out". If it has been more than 10 minutes since you gave your call sign, terminate the transmission with "[district name] control, [your call sign], Out".
- 34. Assign the message a message number and log the message into the Radio Log. Message numbers consist of a prefix identifying the district, a letter identifying which of the district's Local Net Controllers is logging the message and a sequential number (e.g. "MIB006" for the sixth message handled by Mission San Jose Local Net Controller 'B').
- 35. If any messages were in response to a message sent by the district, make the appropriate notation next to the sent message in the log.
- 36. Have the messages delivered to the District Manager Staff.
- 37. Handle short inter-team messages your self. For longer communications, ask them to move to another channel and make contact directly. Remind them to return to the contact channel.
- 38. If you receive too much traffic at once, control the situation by having some Teams stand by. (e.g. "Centerville alpha, stand by.")

CERT Communications Team Procedures

Revised 04/30/2005

CERT Comm, Fremont, CA.

39. Handle the highest priority traffic first (e.g. requests for medical assistant may interrupt a status report).

Message Elements

Every message should include the following elements:

ELEMENT MEANING

Timestamp	Date and time message was relayed, if logging
Message #	Unique, serialized number assigned to each message, if logging (e.g. ARD005)
Recipient	Tactical identifier of message destination
Originator	Tactical identifier of message source
Location	Physical address or description of identifiable nearby landmarks
Category	Is this a priority message, a status report, a request, or a response
Message	Short, clear, to the point information

EXAMPLE: "Niles Control, this is Niles Bravo at the corner of Mission and Walnut. Reporting all buildings have been searched. Request return to Staging Area for relief, over"

Reminders

- DO state questions in a positive form
- DO handle only authentic messages
- DO make sure messages are clear, complete, concise and deliverable
- DO allow third parties to break in and speak in turn
- DO use a second rig if no one else is available and you need to monitor another frequency
- DO shield your microphone from wind
- DO NOT spread rumors: Use good judgment on the accuracy of your information
- DO NOT congest the channel: Listen, Formulate, PTT, talk briefly, release mike
- DO NOT "channel surf": You won't be available to the Net when needed
- DO NOT modify messages as given. FOCUS on the message elements.
- DO NOT act like a radio announcer. Remain calm and professional.
- DO NOT use a VOX or lockable mike

Team Radio Operator (TRO)

RESPONSIBILITIES

As the Team Radio Operator (TRO) you will:

- Report to the All Hazard Team Leader.
- Relay messages between the Team Leader and District Manager(DM), or designated staff through the Local Net Controller.

STEP BY STEP PROCEDURES

Getting Organized

- 1. The DM Staff will organize All Hazard Teams and assign a Team Leader.
- 2. Each Team will be assigned a team identifier by the DM Staff. The Local Net Controller or Communications Commander will assign contact channels for radio communications.
- 3. The Team Leader is the default Team Radio Operator for the team. The Leader may delegate this responsibility to another member of the team. If a Ham radio operator is assigned to the team, that person will be the Team Radio Operator.
- 4. The Team Radio Operator may assign tactical identifiers for their Team Members that also have radios.
- 5. Place a practice call to the Local Net Controller before leaving the Staging Area. This will verify that your equipment is functioning properly
- 6. Contact Local Net Control once you have reached your assigned location.

Tactical Call Signs and Frequency Assignments

A tactical identifier indicates the function of the person, <u>not</u> their name, location or agency (e.g. – "Niles Control" is the District Manager at Niles. "Niles Bravo" is a Niles Search and Rescue Team.).

FUNCTION	EXAMPLE	ACTUAL

District's Local Net Control	Niles Control	
CERT Team	Niles Bravo	
Primary Contact Channel	Channel 11 (FRS/GMRS)	
Secondary Channel	145.700MHz. (Ham Simplex)	

CERT Communications Team Procedures

Revised 04/30/2005

CERT Comm, Fremont, CA.

Reminders:

- 1. Always monitor the contact channel.
- 2. Respond promptly when called.
- 3. Acknowledge received information.
- 4. Keep it short and clear.
- 5. Direct all communications to the Local Net Control.

Example: Local Net Control Contacts Team

- 1. All CERT Teams will always be listening on the contact channel.
- 2. The Local Net Control calls the Team with "Niles Delta, Niles Delta, Niles Control".
- 3. Niles Delta answers "Niles Delta here".
- 4. The Local Net Control then conducts their traffic.
- 5. When the message is complete, they will say "over"
- 6. Acknowledge receipt of the message and ask for clarification, if needed.
- 7. When done, they will say "Niles Control, out".
- 8. Respond "Niles Delta, out." If it has been more than 10 minutes since you gave your call sign, instead respond "Niles Delta, [your call sign], out."

Example: Team Contacts Local Net Control

- 1. The Local Net Control will always be listening on the contact channel.
- 2. Formulate your transmission. Keep messages short and to the point.
- 3. Listen to make sure the channel is clear
- 4. Press *Push-to-Talk*, take a breath, and then speak slowly and distinctly.
- 5. Call the Local Net Control with "Niles Control, Niles Control, Niles Delta".
- 6. Niles Local Net Control answers "Niles Control here."
- 7. Team conducts its traffic.
- 8. The Local Net Control will acknowledge receipt with "Roger" or ask for clarification.
- 9. When done, say "Niles Delta, out".
- 10. Local Net Control will respond "Niles Control, out."

CERT Communications Team Procedures

Revised 04/30/2005

CERT Comm, Fremont, CA.

Use Correct Words

Over = I'm done, go ahead and respond

Copy = I heard you and understand the message

Affirmative / Negative = I agree / disagree

Say Again All Before / After ... = Please repeat everything said before / after ...

Correction = I made a mistake, will repeat from the last correct word

Break = I am taking a short pause to let you catch up recording my long message

More to Follow = There will be more information later regarding this message

Out = I am ending this conversation

Phonetic Alphabet

A – Alpha	B – Bravo	C – Charlie
D – Delta	E – Echo	F – Foxtrot
G – Golf	H – Hotel	I – India
J – Juliet	K – Kilo	L – Lima
M – Mike	N – November	O – Oscar
P – Papa	Q – Quebec	R – Romeo
S – Sierra	T – Tango	U – Uniform
V – Victor	W – Whiskey	X – X-Ray
Y – Yankee	Z – Zulu	/ - Stroke

Troubleshooting Communications Problems

- Check your battery's condition (keep spares handy).
- Check that your PTT (Push-to-Talk) button is not stuck in transmit mode (will not receive, but runs down the battery).
- Check that you are on the right channel (as assigned by Local Net Control).
- Disengage any 'privacy codes' (PL) on your radio. Otherwise you might not hear incoming calls.
- Face the direction of your Staging Area when communicating (avoid body blockage).
- Get to clear, high ground (line of sight to your Staging Area) and avoid any metal obstacles.
- Keep the microphone about 4-6 inches from your mouth, and to one side.
- Keep the microphone out of any strong breezes (prevent wind noise).
- If the contact channel is busy, wait a minute.

Fremont CERT Radio Message Log

District Name (e.g. "Niles")	Position (e.g. "Local Net Controller #1)	Date

(Use one per row)		New oper	ators: Write yo	our name, ca	ll sign if any,	and time you came on duty on the first line after the la	st message.
Sent Message Number	Received Message Number	In Ref. to Msg #:	Message Precedence (E/P/W/R)	To / From	Time Sent / Received	Memory Jog Summary	Optional Status

CERT Comm Standard Forms Duty Roster

Revised 07/30/2000 CERT Comm., Fremont, CA.

Duty Roster

DISTRICT STAGING AREA OPERATOR SCHEDULE DATE____

TIME	CC	NRO	LNC	LNC	TRO	TRO

Resource Checklist District Container Radio Equipment and Supplies

- Copies of Radio Communication SOP's
- 2 Tables
- 6 Chairs
- 1 2-meter J-pole
- 1 MFJ Model 1729 Mobile Magnet Mount Dual Band Antenna
- 1 Jungle Tower Kit
- □ 2 Masts + guide wires (NRO, LNC, packet)
- □ 2 50ft coax
- 4 Desk lights
- 100 ft extension cord
- 2 power strips
- □ 120VAC to 12VDC converter
- Forms
- Pencils and pens
- Fremont/Newark/Union City Maps
- Plastic tubs with top (storing forms)
- Notebook computer
- Duct tape
- Tarps
- Wagon
- Gas can and siphon
- Generator
- 2 District radios (NRO and LNC)
- □ TNC
- Message spikes
- FRS radios
- AM/FM radio
- Magnifying lens

Dual band antennas are 2 meter/70 cm (440 MHz)

Resource Checklist Radio Operator Equipment and Supplies

Revised 07/30/2000 CERT Comm., Fremont, CA.

Resource Checklist Radio Operator Equipment and Supplies

In addition to the standard CERT Go-Pack contents, a radio operator's Go-Pack should include the following:

- VHF (2-meter) HT with spare batteries (for 72 hours of operation) & charger
- Cigarette lighter adapters or inverter
- Copy of HT manual
- VHF magnetic mount, or other portable, antenna with coax cable and connectors
- Earphone or mike/phone combo
- Copy of radio license
- Change pouch with \$5 in quarters
- Message pad
- Notebook, pens, and pencils
- Small radio repair tools
- Assorted connectors & adapters. A minimum set would be:
 - UHF (PL259) "barrel" (female-female)
 - BNC "barrel" (female-female)
 - BNC male to UHF (PL259) female
 - SMA male to BNC female
- Current ARRL Repeater Directory
- Rolls of duct and electrical tape
- Miniature tape recorder for messages

Reference Standard Phrases & Designators

WORDS & PHRASES ("PRO-WORDS")

Word or Phase	Meaning
Affirmative	Yes, or I agree
All after	The part of the message following your phrase, as in "say again all after"
All before	The part of the message preceding your phrase, as in "say again all before"
Break	Use when relaying long messages to allow recipient to catch up
Correct	That is correct or true
Correction	I made a mistake, then continue message from last correct word
More to follow	There is more traffic following this message
Negative	No, or I disagree
Out	End of transmission, no response required
Over	End of transmission, response requested
Roger	I have received and understood your message
Say again	Repeat all or part of your last message

Reference Standard Phrases & Designators

TACTICAL DESIGNATORS

Function	Syntax	Example
City-wide Net Control	Net Control	ARES Net Control
Communications Commander (CC)	"[district] CC"	Niles CC
The District Network Radio Operator (NRO)	"[district] Control"	Niles Control
Local Network Controller (LNC)	"[district] Control"	Niles Control
Team Radio Operator (TRO)	"[district] [A-Z]"	Niles Bravo
Fire Department Field Operations Center	DOC[dept]	FIRE DOC
Police Department Field Operations Center	DOC[dept]	DOCPD

MESSAGE NUMBERS

District /Tactical Call	Message Prefix
Ardenwood	ARDxxx (e.g. ARD006)
Centerville	CENxxx
Irvington	IRVxxx
Mission San Jose	MSJxxx
Niles	NILxxx
Warm Springs	WSPxxx

Reference Standard Phrases & Designators

PHONETIC ALPHABET

A – Alpha	B – Bravo	C – Charlie
D – Delta	E – Echo	F – Foxtrot
G – Golf	H – Hotel	I – India
J – Juliet	K – Kilo	L – Lima
M – Mike	N – November	O – Oscar
P – Papa	Q – Quebec	R – Romeo
S – Sierra	T – Tango	U – Uniform
V – Victor	W – Whiskey	X – X-Ray
Y – Yankee	Z – Zulu	/ - Stroke

CERT Communications Team Procedures

Revised 04/30/2005

CERT Comm, Fremont, CA.

Reference Recommendations for FRS (Family Service Radios) for CERT Activities

- Full 14 channel capability (maximum flexibility)
- Standard alkaline batteries (NOT rechargeable)
- Rugged or rubberized case
- Solid, fixed antenna (NOT folding)
- Priority channel capability (set it to the primary contact channel to keep in touch)
- Lighted display (optional, but consumes battery life. Better to use your flashlight)
- Scan capability NOT RECOMMENDED (distracts you from the contact channel)
- Tone code capability NOT RECOMMENDED (limits what you can hear)